

PA GREENWAYS & TRAILS SUMMIT

Health and Recreation Destinations...Greenways and Trails Leading the Way



Photo courtesy of the York County Parks

SEPTEMBER 11TH -13TH, 2011
THE YORKTOWNE HOTEL
YORK, PA

REGISTRATION GUIDE

Co-Sponsored by the PA Department of Conservation & Natural Resources and the PA Recreation & Park Society, Inc.



pennsylvania

DEPARTMENT OF CONSERVATION
AND NATURAL RESOURCES

www.dcnr.state.pa.us

SUMMIT-AT-A-GLANCE

September 11, 2011

12:00 p.m. - 5:30 p.m.

Registration

12:30 p.m. - 4:30 p.m.

Mobile Workshops

1:00 p.m. - 2:30 p.m.

Breakout Sessions

2:30 p.m. - 2:45 p.m.

Break

2:45 p.m. - 4:15 p.m.

Breakout Sessions

5:30 p.m. - 8:00 p.m.

Statewide Trails Advisory Council Meeting

8:30 p.m. - 11:00 p.m.

Social Event

September 12, 2011

7:30 a.m. - 8:30 a.m.

Registration & Visit Vendors

7:30 a.m. - 6:15 p.m.

Exhibits Open All Day

8:30 a.m. - 9:00 a.m.

Opening Remarks

9:00 a.m. - 10:00 a.m.

General Session - *Keynote Speaker Dan Rice*

10:00 a.m. - 10:15 a.m.

Refreshment break

10:15 a.m. - 11:45 a.m.

Breakout Sessions

11:45 p.m. - 1:00 p.m.

Lunch & Visit Vendors

1:00 p.m. - 2:30 p.m.

Breakout Sessions

1:00 p.m. - 5:00 p.m.

Mobile Workshops

2:30 p.m. - 2:45 p.m.

Break

2:45 p.m. - 4:15 p.m.

Breakout Sessions

4:15 p.m. - 5:15 p.m.

Visit Exhibits

5:15 p.m. - 6:15 p.m.

Free Time

6:30 p.m. - 9:00 p.m.

Dinner, Social Event

September 13, 2011

7:00 a.m. - 8:00 a.m.

Registration

7:30 a.m. - 10:00 a.m.

Exhibit Hall Open

7:30 a.m. - 11:30 a.m.

Mobile Workshops

8:00 a.m. - 9:30 a.m.

Breakout Sessions

9:30 a.m. - 10:00 a.m.

Break in Exhibit Hall

10:00 a.m. - 11:30 a.m.

Breakout Sessions

11:30 a.m. - 1:30 p.m.

Lunch, Secretary Panel, DCNR & PRPS Announcements

1:45 p.m. - 3:15 p.m.

Breakout Sessions

3:15 p.m.

Summit Ends

Summit Partners

City of York

Hanover Cyclers

Mason-Dixon Trail System, Inc.

PA Department of Conservation & Natural Resources

PA Recreation & Park Society

Shank's Mare Outfitters

Stroud Region Open Space & Recreation

Susquehanna Gateway Heritage Area

York County Convention & Visitor's Bureau

York County Department of Parks & Recreation

York County Heritage Trust

York County Planning Commission

York County Rail Trail Authority

York Hiking Club

Who Should Attend

- ✓ Elected officials at the borough, township, city, county, or state level
- ✓ Local, state, or federal government employees charged with planning, implementing, or maintaining greenways and trails
- ✓ Greenway and trail advocates and volunteers
- ✓ Professional planners, landscape architects, engineers and consultants
- ✓ Health professionals, Health & Wellness organizations, Insurance providers, Community Healthcare Coalitions, County STEPS organizations, School officials, Physical education teachers, Parent organizations

Continuing Education Units (CEUs)

All summit breakout sessions have been approved for continuing education units. The 1 1/2 hour educational session earns .15 CEUs. Mobile workshops are being reviewed and we will announce in mid-August which workshops will be approved for credit. To obtain CEU credit for sessions you attend, ask for a CEU form at registration. During each session the room host will sign on the form that you were present. You need to bring your form back to registration prior to leaving for a final signature and tally of your credits. Should you have any questions about this, please contact the PRPS office at 814-234-4272. Please note: we are pre-approved for contact hours through ASLA and have a separate form for landscape architects. Identify yourself as requiring a contact hours form at registration and we will provide it.

SPEAKER HIGHLIGHT



Daniel M. Rice is the President and Chief Executive Officer of the Ohio & Erie Canalway Coalition, headquartered in Akron, Ohio.

The Ohio & Erie Canalway Coalition (OECC) is the regional non-profit organization working for the conservation, development and interpretation of the natural, historical and recreational resources along the

Ohio & Erie National Heritage Canalway from Cleveland to New Philadelphia, Ohio. Since 1994, Mr. Rice has worked with over 150 community partnerships and raised over \$30 million in development funds for the preservation of historic structures, the development of the 101-mile multi-use Ohio & Erie Canal Towpath Trail and the conservation of natural resources along the Ohio & Erie National Heritage Canalway.

Mr. Rice is a native of Ohio, with a B.A. in history from the College of Wooster and M.A. in American History from the University of Akron. Upon receipt of his M.A., Dan worked as Curator of Interpretation for the Summit County Historical Society, where he was responsible for the preservation and conservation of over 250,000 artifacts, development of interpretive exhibits, and educational programming.

Mr. Rice is associated with numerous professional organizations within and outside the field of heritage development. He played a key role in the organization of the Alliance of National Heritage Areas in 1997, served as Chairman of this national organization from 1997-2001 and currently serves as Chairman of Heritage Development Institute Committee. Mr. Rice has served on numerous state boards and committees including, Ohio Heritage Area Partnership, Ohio Department of Natural Resources Canal Lands Advisory Committee, Trustee and Past Chairman of the Canton/Stark County Convention & Visitors Bureau, and the Ohio Greenway Advisory Committee. Currently Mr. Rice serves as a member of the Summit County Natural Resource Assistance Committee for Clean Ohio, Cuyahoga Falls Planning Commission, University of Akron Dean's Council, Hale Farm Advisory Committee and Ohio-To-Erie Trail Board of Trustee's Member. In 1996, Mr. Rice received the National Conservation Partnership Award from the National Park Service and he is a 1999 graduate from the Leadership Akron program. In 2003, Mr. Rice received the Kodak American Greenways Award for his accomplishments, leadership and support for greenways, trails and heritage areas in Ohio and across the country. In 2004, Mr. Rice received the Urban Light Recipient award from The University of Akron and served as the opening speaker for the 28th Akron Roundtable series in Akron, Ohio. He is a member of 2008 Leadership Cleveland Class.

SUNDAY, SEPTEMBER 11, 2011

12:30 PM - 4:30 PM

MOBILE WORKSHOPS

A1-A Taste of York: Inventive Greenways & Arts

Ride downtown York's White Rose Trolley to the unique Broad Street Greenway and Codorus Creek Greenway. The Broad Street Greenway, which connects Goode Elementary and Hannah Penn Middle School, is highly used by students and was created due to collaborations between the school district, community, and a local engineer. The Codorus Creek Greenway is now a recreation and cultural destination due to the incorporation of local arts. Learn about the resources used to develop such an oasis. Additionally, enjoy the greenways and the trolley ride while experiencing downtown York's elaborate mural arts between stops.

A2-Hollow Creek Greenway

Mary Kline, Landscape Architect, Mary C. Kline, RLA

The Hollow Creek Greenway (HCG) is a 2-mile connector trail between Loganville and Jacobus, completed in 2009. The workshop will explore the stream valley, stopping to discuss Township planning, easement acquisitions, funding, stream restoration efforts, and the multi-municipal agreement. Join landscape architect and trail champion Mary Kline for a look at the challenges, solutions, and future connections of this municipal park. Understand how Springfield Township Ordinances and Comprehensive Plan enabled the HCG, evaluate strategies used for easement acquisition on the HCG, and view successes of the tri-municipal agreement.



1:00 PM - 2:30 PM

BREAKOUT SESSIONS

B1-Trails Connect People-Now Connect People to Your Trails!

(Construction/Maintenance/Management Track and Health Track)

Chris Kemmerer, Natural Resource Specialist, Environmental Education Specialist, DCNR-Bureau of State Parks; Kimberly Mihalek, Environmental Education Specialist, DCNR-Bureau of State Parks

The Bureau of State Parks actively promotes and leads programs that help connect citizens to their public lands. Through the Get Outdoors PA program the Bureau has connected people via outdoor recreation. Learn from experienced program leaders how to connect people to your trail through interactive programs, partnerships and out-of-the-box thinking. Time will be spent assessing your resources and starting you on a path to creating a programming plan for your trail.

B2-A Greenway Runs Through It

(Partnerships Track)

Kimberly Williams, Environmental Planner and South Mountain Conservation Landscape Initiative Co-Lead, Appalachian Trail Conservancy/South Mountain Conservation Landscape Initiative

Learn how to steward the landscape experience of a greenway in a rapidly urbanizing landscape, using the Appalachian National Scenic Trail as a model. Working with local communities you can preserve and enhance your trail experience using a seven step action plan developed for the Appalachian Trail for use by any community (whether developing or rural).

B3-Sustainable and Fun Off-Highway Vehicle Recreation Trail Systems

(Construction/Maintenance/Management Track)

Jack Terrell, Senior Project Coordinator, National Off-Highway Vehicle Conservation Council

What principles and practices should be applied by land managers and planners to provide sustainable off-highway vehicle (OHV) trails that protect natural resources and provide the recreational experience sought by visitors to your trail system? This session discusses the application of the 4E's of OHV recreation management – Engineering, Education, Enforcement, and Evaluation.

B4-Trailbuilding 101

(Construction/Maintenance/Management Track)

Larry Knutson, Founder and President, Penn Trails, LLC

Creating and executing a coordinated trail planning & management process is crucial to addressing both existing and future public use trails as regards managed use, designed use and technical specifications. Well-planned, managed, sustainable trail systems increase the quality of user experiences and offer benefits to the broader community, as well as, economic sensibility for land managers and the organizations/agencies with which they are associated. These five fundamentals provide key reference information for subsequent trail management, design and construction, maintenance, condition assessment and prescriptions, budget and reporting, in any type of trails organization or agency.

2:45 PM - 4:15 PM

BREAKOUT SESSIONS

C1-Connecting People to the Susquehanna with Land and Water Trails

(Marketing/Trail Towns Track)

Hannah Hardy, Director of Recreational Infrastructure, Pennsylvania Environmental Council; Mark Platts, President, Susquehanna Gateway Heritage Area; Trish Carothers, Program Director, Susquehanna Greenway Partnership

Learn how the Susquehanna Greenway - a developing system of land, water and interpretive trails - are connecting people to the Susquehanna River and fostering sustainable development. Learn about the unique opportunities that river access points provide for connecting people to land and water. Examples can include: Susquehanna Gateway Heritage Area's project Pleasant Gardens, Wilkes-Barre River Commons, Williamsport River Walk, and the Curwensville to Clearfield land and water trails. Learn how to create a comprehensive signage system for land and water trails. Learn how to work with multiple regional partners to promote a statewide greenway.

C2-Sharing Trails with Equestrians, A Trail Enthusiast of a Different Color

(Construction/Maintenance/Management Track)

Gwen Wills, State Trail Chair, Pennsylvania Equine Council; Bud Wills, State Trail Chair, Pennsylvania Equine Council

We never know who we may meet on the trail. Equestrians share portions of many trails. Learn the "What's, Whys and Wherefores" of horses on the trail and how everyone can feel comfortable.

C3-Partnering for SE PA's TIGER Grant and Regional Trail Network

(Partnerships Track)

Spencer Finch, Director of Sustainable Development, Pennsylvania Environmental Council; Stephen Buckley, Deputy Commissioner of Transportation, City of Philadelphia; Charles Carmalt, Pedestrian and Bicycle Coordinator, City of Philadelphia

The Pennsylvania Environmental Council, City of Philadelphia, PA DCNR, Delaware Valley Regional Planning Commission and many other regional partners came together in 2009 to better coordinate trail project implementation. After a successful TIGER I \$23 million grant and creation of a Regional Trail Fund in 2010, the network is growing quickly. What's next? Come hear more about it!

C4-The Trail is Built, Now What?

(Construction/Maintenance/Management Track)

Stephanie Milewski, Trail Manager and Environmental Program Officer, Lackawanna Heritage Valley Authority; Silas Chamberlain, Corridor Resource Specialist, Delaware and Lehigh National Heritage Corridor

There are many great reasons to develop a trail in your community, but have you thought about what happens after you finish construction? Who will manage and maintain the trail? Will you need liability insurance, programming for the community, or rental policies? Learn techniques used by the Lackawanna Heritage Valley Authority in order to manage and maintain their 40-mile long Lackawanna River Heritage Trail. In the second half of the presentation, learn from the Delaware & Lehigh Trail Patrol-a group of 100 volunteers who regularly walk or ride portions of the 165-mile trail. Patrollers provide trail condition reports, first aid, bike repair, interpretation, and other services to office staff and fellow trail users. This presentation will describe the process of recruiting, training, engaging, and overseeing patrol volunteers and describe the relationship between the patrol, staff, and municipal landowners.

4:15 PM - 8:30 PM

Dinner on your own

**Discuss the PA Wilds over dinner, meet in the lobby at 5:00 PM*

State-Wide Trails Advisory Council Meeting (invitation only)

8:30 PM - 9:00 PM

Social Event with a presentation by David Brickley, Chairman of The September 11th National Memorial Trail Alliance

Learn the status of the 1,100 mile hiking, biking, and driving trail that is being built to commemorate the September 11th terrorist attacks and provide your feedback.

MONDAY, SEPTEMBER 12, 2011 SUMMIT SCHEDULE

9:00 AM - 10:00 AM

GENERAL SESSION: Keynote Speaker

Blazing a Path to Sustainable and Healthy Communities through Collaborations and Partnerships

(Health Track)

Daniel M. Rice, President and Chief Executive Officer, Ohio and Erie Canalway Coalition

The Ohio & Erie Canal Towpath Trail is a multi-use recreational trail extending 101-miles from the shores of Lake Erie in Cleveland to New Philadelphia, Ohio. Working in partnership and collaboration with over 150 public-private partnerships, the Ohio & Erie Canalway Coalition is developing a regional greenway that is stimulating community and economic development and creating a legacy for future generations.

10:15 AM - 11:45 AM

BREAKOUT SESSIONS

D1-Connecting Town & Trail

(Marketing/Trail Towns Track)

Andrea MacDonald, Manager, Division of Preservation Services, PA Historical and Museum Commission; Erin Hammerstedt, Field Representative, Preservation PA and the National Trust for Historic Preservation; Donna Boone, Regional Main Street Coordinator, Delaware and Lehigh National Heritage Corridor

In 2010, the PA Historical and Museum Commission (PHMC) sent out an online survey as the first step in developing their statewide historic preservation plan. The results show that Pennsylvanians consider trails, natural areas, parks, and open space as the most valuable assets in their communities. Leading up to the statewide plan, the PHMC was awarded a federal Preserve America Grant to support eight regional and local preservation planning projects. One of the more innovative projects involved the six Trail Towns along the Great Allegheny Passage. Learn how the historic preservation strategies recommended in these plans can help communities enhance and promote their local trails and recreation areas. Also learn how the Landmark Towns of Bucks County economic development initiative was designed by the Delaware and Lehigh National Heritage Corridor to engage local communities through volunteerism, education, and awareness raising initiatives."

D2-Code Orange, Trail Care, Trail Crew Volunteer Trail Maintenance Programs

(Construction/Maintenance/Management Track)

Curt Ashenfelter, Director, Keystone Trail Association

This presentation will focus on educating summit attendees on Keystone Trails Association's (KTA) Code Orange/Trail Care/Trail Crew Volunteer Trail Maintenance Program. Trails are not an act of nature they are built by men and women. But what happens after trails are built? Mother Nature tries to take them back through storms, erosion, etc. KTA for years has had a very successful program of weekend Trail Care events and week long Trail Crew events. Recently we have expanded our program to include one day Code Orange events. Typically a "Friends" group will contact KTA concerning trail maintenance issues at a local or state park. KTA in conjunction with the "Friends" group will then hold a one day, one weekend or one week maintenance event. The benefits of the "Friends" group is that a new core of volunteers will be trained in blaze painting, loping, bridge building, boardwalk construction, rock work, etc over the course of the day, weekend or week. KTA volunteer training becomes a force multiplier. Through the use of social media, Facebook, etc., new volunteers are attracted to the "Friends" group.

D3-Creating Regional Trail Systems and Healthy Communities

(Health Track)

Robert Thomas, Partner, Campbell Thomas & Company; Michael Szilagyi, Trail Planner and Cartographer, Campbell Thomas & Company; Carol Kilko, Director of Training Services, PA Association of Township Supervisors; Chris Metka, PA Safe Routes to School Coordinator, PennDOT

How do you "rewire" an entire town, county or even a complete region to make it as healthfully walkable and bikable as it is driveable? This presentation will show you practical, tested approaches for planning, designing, advocating, permitting, funding, building and managing a complete trail and greenway system for your community. We will review what's been done successfully in Pennsylvania, and how to apply it to your interests.

D4-Plans and Connections in NY State for the Triple Divide Trail System

(Partnerships Track)

Allen Kerkelager, Associate Professor, Saint Joseph's University, Philadelphia and Co-Founder and Board Member, Genesee River Wilds, Belmont, NY; Joan Schumaker, Treasurer, Friends of the Genesee Valley Greenway; Jonathan Schull, Interim Director, Center for Student Innovation at Rochester Institute of Technology and Co-Founder of the Rochester Cycling Alliance

This group of presentations surveys greenways, blueways (water trails), and nature parks in New York State that contribute or connect to the Triple Divide Trail System. This system will extend ca. 230 miles from Lake Ontario in Rochester to the Susquehanna River in Williamsport by way of the Genesee River and Pine Creek. Presenters will discuss the Genesee Valley Greenway, plans for trails for bicycles in the Rochester region, and the roles of educational institutions and planning agencies.

1:00 PM - 2:30 PM

BREAKOUT SESSIONS

E1-From Fundraising to Fun-Boards:

The Nuts and Bolts of Successful Trail Organizations

Daniel M. Rice, President and Chief Executive Officer, Ohio and Erie Canalway Coalition

Developing a successful and engaged Board of Directors can be challenging and take time, energy, and resources. This session will examine the transition, challenges and opportunities of moving from an all-volunteer organization with a limited budget to a fully professional staffed organization and engaged Board of Directors. Fulfilling your mission and having fun doing it!

E2-Success Gone PA Wilds!

(Marketing/Trail Towns Track)

Sandra Mateer, Vice President of Redbank Valley Trails & New Bethlehem Borough Council President of Redbank Renaissance, Inc., Redbank Valley Trails Association; Mark Murawski, Transportation Planner, Lycoming County Planning Commission

Summit participants will learn about the extensive work done by Lycoming County in the last two decades to develop trail and greenway plans and implement projects as part of a regional strategy to develop an interconnected trail system in Central PA. Highlights will showcase the Susquehanna Riverwalk, Pine Creek Rail Trail and Lycoming Creek Bikeway projects as part of overall Susquehanna Greenway system. As well as, a review of the amazing first 15 months of the Redbank Valley Trail's development including how volunteers with community support created over 25 miles and 9 bridges of the 51-mile trail and began trail town development in 3 communities, when some said it would never happen. 10-minute Question and Answer session to follow.

E3-Non-Motorized Sustainable Trails for Pennsylvania

(Construction/Maintenance/Management Track)

John Buerkle, Vice President, Pashek Associates

John Buerkle, Pashek Associates, will present DCNR's latest publication "Non-Motorized Sustainable Trails for Pennsylvania". This publication is a reference for trail organizations, municipal agencies, trail volunteers and trail designers who are planning, developing, or managing non-motorized trails in Pennsylvania. These Guidelines consolidate the current best practices in trail planning, design, construction, management, operations, and maintenance practices into one resource. The Guidelines also establish consistent terminology for trails, emphasize proper trail planning, design, and construction to ensure sustainability, and provide references to the best examples of hiking trails, mountain bicycling trails, shared use paths and rail trails, rails with trails, equestrian trails, snowshoeing and winter hiking trails, cross country skiing trails, and multi-use trails in Pennsylvania.

E4-The Payoff of Trails: Increased Economic Vitality

(Marketing/Trail Towns Track)

Stephanie Milewski, Trail Manager and Environmental Program Officer, Lackawanna Heritage Valley Authority; Carl Knoch, Manager of Trail Development, Rails-to-Trails Conservancy

Trails are one of the top amenities that potential homeowners cite when they are considering moving into a new community. They offer recreation, health, and social benefits while providing safe alternative transportation routes for people traveling between their homes and school or work. This presentation will present the results of recent trail user surveys and economic impact analysis on trails in Pennsylvania conducted by the Rails-to-Trails Conservancy and Lackawanna Heritage Valley Authority. Learn about the data collection methodologies used to collect both "hard" and "soft" goods on a variety of trails from rural "destination trails" to suburban "day use" trails. The results are impressive!

1:00 PM - 5:00 PM

MOBILE WORKSHOPS

Mason-Dixon Trail

Jim Hooper, President, Mason-Dixon Trail System

The Mason-Dixon Trail is a volunteer built and maintained hiking trail. The portion from Wrightsville to the Norman Wood Bridge has been designated a National Recreation Trail. A section of 3.6 miles from Wrightsville to High Point will be hiked. Participants should be in good shape since the hike involves a climb up to High Point. Hiking Boots are recommended. This land is owned by multiple owners; Safe Harbor Water Power Company, Lancaster Conservancy, County Line Quarry, Water Street Rescue Mission and York County Parks. A talk will be provided during the bus ride to Wrightsville.



Lower Susquehanna River Water Trail:

Utilizing a Water Trail-Behind the Scene and On-the-Water

Fee: \$25

Liz Winand, Co-Owner, Shank's Mare Outfitters

The fun part begins when the kayaks are launched and participants hit the water. But what issues need to be addressed prior to actual boating? Liz will outline preparations for a fun and safe water trail experience, beginning with equipment and maintenance requirements for a rental operation, insurance issues pertinent to on-the-water operations, staff training, special event opportunities, and marketing a water trail operation. This orientation will be followed by an actual on-the-water paddle tour highlighting features of the Lower Susquehanna and all the unique stories our part of the river has to tell. Participants should be ready to get wet and Go Play Outside.



2:45 PM - 4:15 PM

BREAKOUT SESSIONS

F1-Positive Economic Impact of Off-Highway Vehicle Recreation

(Construction/Maintenance/Management Track)

Jack Terrell, Senior Project Coordinator, National Off-Highway Vehicle Conservation Council

In today's challenging economic conditions, off-highway vehicle (OHV) recreation stimulates state and local economic activity, creates much-needed jobs, and increases revenue for state and local governments. This session provides state, regional and local economic impact data from OHV trail systems and riding areas.

F2-Comparing and Contrasting Two Different Trail Assessment Processes

(Construction/Maintenance/Management Track)

Larry Knutson, Founder and President, Penn Trails, LLC

With trail sustainability, as well as trail accessibility, needs and requirements in the forefront of most existing or planned trail system managers minds, objective trail assessment and evaluation processes are an essential tool for making good trail management decisions including: what users on what trails, current trail conditions, prescriptions for deferred maintenance and more. This session will explore two major trail assessment processes: the USFS TRACS process, and, the Universal Trail Assessment Process (Beneficial Designs).

F3-Making the Transportation Connection

(Partnerships Track)

Thomas Kotay, Transportation Planning Consultant to the LEBCO MPO, Lebanon County Metropolitan Planning Organization; Sara Walfoort, Transportation Planning Manager, Southwestern PA Commission

Through this panel discussion, learn how to connect to your trail efforts to the priorities of your Metropolitan Planning Organization/ Regional Planning Organization (MPO/RPO) as well as your local PennDOT District from the perspective of these transportation professionals. The discussion will include the relationships to trails and trail groups that have been established in their perspective regions connected and how they work together to advance trails. The discussion will allow audience members to ask questions about how to connect with their MPOs/RPOs and PennDOT Districts, which can increase funding opportunities and provide more credibility to their trail projects.

F4-Multiple Use Means Multiple Benefits

(Health Track)

Merrilynn Cushman, Director of Community Relations, Titusville Area Hospital; Linda Duchak, Associate Director, University of Pittsburgh Graduate School of Public Health; Debra Frawley, Greenways Coordinator, Council on Greenways and Trails; Mary Lou Schweizer, WalkWorks Project Coordinator, Center for Public Health Practice, University of Pittsburgh Graduate School of Public Health

Most of our trails are called multi-use recreational trails, but the partnerships and resulting benefits go well beyond providing a resource for bicyclists and pedestrians. This session will describe how The University of Pittsburgh Graduate School of Public Health, the Centers for Disease Control and the Pennsylvania Department of Health are partnering with local communities and trail groups to increase physical activity in rural areas. This session will also describe how the partnership is promoting the Complete Streets concept in the participating communities by educating local decision makers, stakeholders and advocates about the importance of creating safe and inviting road networks for all users (motor vehicles, public transit, pedestrian, bicyclists).

6:30 PM - 9:00 PM

Dinner and Social Event in downtown York

7:30 AM - 11:30 AM

MOBILE WORKSHOPS

Susquehanna Heritage Park

Jonathan Pinkerton, Vice President, Susquehanna Gateway Heritage Area

This mobile workshop involves walking tours and site visits to key properties included in the Susquehanna Heritage Park. The Susquehanna Heritage Park is a signature park, heritage site and education center that showcases the historic, cultural and environmental resources of the Lower Susquehanna River and Chesapeake Bay. The park includes multiple sites in the river bluffs south of Wrightsville. The gateway to the park is Highpoint Scenic Vista and Recreation Area which includes a heritage trail and panoramic views of the river. The park also includes two Native American heritage sites that are listed in the National Register of Historic Places. It also includes The John & Kathryn Zimmerman Center for Heritage is a scenic and historic setting for the heritage programs of the Susquehanna Gateway Heritage Area. Also known as the Dritt Mansion at Historic Pleasant Garden, the Zimmerman Center's mid-18th century riverfront homestead is listed in the National Register of Historic Places. The Center showcases the Visions of the Susquehanna River art exhibit and provides a community venue for heritage education initiatives focused on the river's natural and cultural history. Participants will gain an understanding of the coordination, planning and development for visitor welcome, interpretation and water trail access facilities. They will also have direct access to the facilities associated with the Susquehanna Heritage Park.

Bicycling the Heritage Rail Trail County Park

Gwen Loose, Executive Director, York County Rail Trail Authority

Travel by bus from the conference center to the Borough of New Freedom, located at the southern terminus of the Heritage Rail Trail.

On the way you will learn about the development and management of this 21-mile trail from those

who were involved with the

project from its inception. Following a visit to the restored New Freedom Train Station (with museum, café and restrooms), enjoy a mostly downhill bicycle ride on a compacted gravel surface. A mid-point stop will be made at Hanover Junction Train Station (with museum and restrooms), where the bus will meet those riders interested in a 10-mile ride. Other cyclists will continue for an additional 11 miles to the northern terminus in York City, where a short on-road connection will return you to the Yorktowne Hotel. Participants are to provide-bicycle, helmet, water bottle.



8:00 AM - 9:30 AM

BREAKOUT SESSIONS

G1-Accessibility Guidelines for Trails and Shared Use Paths

(Construction/Maintenance/Management Track)

Peggy Greenwell, Accessibility Specialist/Training Coordinator, US Access Board

Do you have the latest guidance on designing and constructing accessible trails and shared use paths? Federal rulemaking can be a slow process under the Americans with Disabilities Act (ADA) but it is important to be aware of latest draft guidance. This session will provide an overview of the latest on final trail guidelines under the Architectural Barriers Act (ABA) for Federal facilities, including an update on the next steps in applying this guidance to facilities covered by the ADA. Guidance on designing accessible shared use paths will also be discussed. The first step in the rulemaking process, an Advanced Notice of Proposed Rulemaking (ANPRM) on Accessibility Guidelines for Shared Use Paths, was published on Monday, March 28, 2011. Come and hear a summary of the public comments received on this notice and about the next steps in finalizing these rules.

G2-If We Build It, They Will Boat

Jessica Anderson, Program Manager, Pennsylvania Environmental Council (Marketing/Trail Towns Track)

The PA Environmental Council (PEC) created the Tidal Delaware Water Trail map and web site, www.tidaltrail.org. The trail encompasses the 56-mile stretch of the Tidal Delaware River from Trenton/Morrisville to Marcus Hook, including both Pennsylvania and New Jersey, and the cities of Philadelphia and Camden. To better understand the needs and wants of recreational users, PEC conducted a user-demand analysis, examining what existing users love about recreation on the Tidal Delaware River, and determining the physical and attitudinal barriers that prevent more recreational use of the river. PEC has used these findings to inform its recent launch of the Tidal Delaware River Ambassador program, and to expand and enhance its Paddle Penn's Landing program analysis.

G3-Promoting Healthy Minds and Bodies in York County

(Health Track)

Kevin Alvarnaz, Community Health Improvement Director, WellSpan Health

This interactive workshop will provide participants with an opportunity to learn about a community-wide physical activity initiative developed by the Healthy York County Coalition, in partnership with the York County Libraries, and conducted in York County since summer 2008. Program results, challenges and lessons learned will be discussed, and participants will actively engage in the steps needed to replicate a similar program in their own communities.

G4-Trail Crossing Agreements & Trail Crossings

(Construction/Maintenance/Management Track)

Stephen Pohowsky, Safety Program Specialist and Bicycle Pedestrian Coordinator, PennDOT

The presenter will provide a detailed explanation of the agreement processes that are required to obtain approval from the Commonwealth of Pennsylvania for the installation or modification of at-grade, below grade, or above-grade trail crossings of a State Highway. The presenter will also discuss good trail crossing design using pictures and graphic displays to explain proper pavement markings, signage, sight distance calculations, etc.

10:00 AM - 11:30 AM

BREAKOUT SESSIONS

H1-Trails-A Pivotal Piece of a Larger Revitalization Effort

(Partnerships Track)

Becky Bradley, Director of Planning and Codes, City of Easton; Darlene Heller, Director of Planning and Zoning, City of Bethlehem

The cities of Easton and Bethlehem have been advancing a connected system of greenways and trails for many years through some of the most complex places. Easton's 2.5 mile Karl Stirner arts trail is part of the city's initiative to repackage itself as an arts and cultural destination. The trail bridges the city's urban and natural landscapes and now includes Easton's first dog park and links Lafayette College students to the downtown. It is part of the larger Bushkill Creek Corridor Redevelopment project that is re-greening the corridor and a former Brownfield Site. Bethlehem's South Bethlehem Greenway was once an active rail line that divided neighborhoods, today sections are under construction that will unite neighborhoods, facilitate downtown revitalization, connect Lehigh University students to the downtown, and link city parks and also a state of the art skate plaza. City planners will share their lessons learned about building trails in urban centers, creating successful partnerships with universities and businesses, and the challenges of working with rail road companies, combining state and federal funding, and engaging minority population groups.

H2-Using the Official Map to Build Trails that Connect Destinations

(Construction/Maintenance/Management Track)

Steve Deck, Senior Planner, Parsons Brinckerhoff;

Dan Zimmerman, Township Manager, Warwick Township

PA Department of Transportation, the PA Department of Conservation and Natural Resources, the PA Department of Community Economic Development, and the PA Land Trust Association have recently completed "The Official Map: An Innovative Land Use Tool for Managing Growth and Infrastructure." The four agencies teamed in this effort to provide a broad approach to help municipalities understand how the Official Map can be used to effectively manage growth, preserve open space, establish a network of trails, and address transportation needs including highway and bicycle/pedestrian. The handbook includes an inventory of all Pennsylvania municipalities with official maps along with links to their maps and ordinances and contact information for peer information sharing. Over 25 municipalities have adopted an official map to advance their trail system including Warwick Township in Lancaster County. Learn how this township developed a plan for a comprehensive trail system that connects businesses, recreation areas, schools, churches and hospitals and has used this tool to successfully work with developers to build over four miles of trails. This session will provide an overview of the ordinance requirements, typical obstacles and challenges, and lessons learned.

H3-Partner with Health Professionals for Trail Development and Healthy Lifestyles

(Health Track)

Patricia Tomes, Program Manager, Rails-to-Trails Conservancy;

Ron Steffey, Executive Director, Allegheny Valley Land Trust; Kevin

Alvarnaz, Community Health Improvement Director, WellSpan Health;

Cori Strathmeyer, Wellness and Activate America Director, York YMCA

Participate in a round table discussion on partnering with the health professionals for TRAIL DEVELOPMENT. Information sharing is the goal on such issues as what approach can be used to motivate local residents toward a healthy active lifestyle, are there ways we can efficiently work together toward the same goal? Representatives from the health profession have been asked to participate. Bring your questions and suggestions!

H4-Jordan Creek Greenway-More Than Just a Trail

(Partnerships Track)

Scott Cope, Vice-President Conservation Education, Wildlands

Conservancy; Kevin Fister, Outdoor Recreation Manager, Wildlands Conservancy

In 2009 the Jordan Creek Greenway Feasibility Study determined that a 53-mile active greenway within the Jordan Creek watershed connecting the City of Allentown to the Appalachian Trail was possible at an estimated cost of \$4.6 million. Ten municipalities, the County of Lehigh along with other public and private interests are collaborating to develop a trail while protecting the natural resources.

1:45 PM - 3:15 PM

BREAKOUT SESSIONS

I1-Other Power-Driven Mobility Devices-Assessments and Policies

(Construction/Maintenance/Management Track)

Ryan Dysinger, Chief, Operations and Training Section, DCNR-

Bureau of State Parks; Paul Weiss, Parks and Recreation

Administrator, Lancaster County Department of Parks and

Recreation, DCNR-Bureau of State Parks; Hannah Hardy, Director of

Recreational Infrastructure, PA Environmental Council
In early 2011, most of us in the trail community became aware of the US Dept. of Justice's ruling concerning Other Power Driven Mobility Devices (OPDMD) and the potential consequences for Pennsylvania's non-motorized trails. This session will share the experiences of three trail management organizations and how they approached their OPDMD assessments and the resulting OPDMD policies. By sharing our experiences and approaches to developing OPDMD policies we can develop fairer and more defensible policies across Pennsylvania.

I2-Strategies for Greening Your Trail-Real World Examples

(Construction/Maintenance/Management Track)

Mary Kline, Landscape Architect, Mary C. Kline, RLA

DCNR is placing a priority on green initiatives and sustainable design. Parks and trails planned with greening strategies garner more points for funding. Five panelists show and discuss the initiatives used in their constructed projects strategies to make a trail design greener. Participants will discuss four different trails/parks, and the real-world solutions installed. Grading, soils stabilization, parking pavements, and drainage applications will be explored.

I3-Railroad Property Issues for Trailbuilders

(Construction/Maintenance/Management Track)

James Holden, President, Allegheny Valley Trails Association,

Allegheny Valley Land Trust, Partner with Fruit, Dill, Goodwin &

Scholl; Ron Steffey, Executive Director, Allegheny Valley Land Trust

Two long time trail builders will share knowledge and experience regarding railroad property titles as it relates to acquiring and building trails.

I4-Geocaching on the Mainline Canal Greenway

Karl King, Main Line Canal Greenway Coordinator, Allegheny Ridge Corporation

(Marketing/Trail Towns Track)

The Pittsburgh-to-Harrisburg Main Line Canal Greenway put its marketing efforts back into the box – literally – with the establishment of the Main Line Canal Geotrail, a series of geocaches hidden at natural, cultural and historical sites along the Greenway. Learn how the Geotrail was developed, how it works and how it's been received by geocachers using GPS devices to find the treasures hidden in the caches.

GENERAL INFORMATION

The Yorktowne Hotel 48 East Market Street York, PA 17401

Reservations: 800.233.9324
Phone: 717.848.1111
Fax: 717.845.4707
Hotel: info@yorktowne.com
Email: service@yorktowne.com
Website: www.yorktowne.com



Lodging

Blocks of overnight rooms have been reserved at the Yorktowne Hotel. Please mention the Group Name: Pennsylvania Recreation & Park Society. The rate is \$89 + tax per night per room. To make reservations call 717-848-1111.

Directions

<http://www.yorktowne.com/contactdirections.php>. or go to
<http://www.mapquest.com>

Parking

<http://yorkcity.org/parking> - For other options other than those listed below.

A. Yorktowne Hotel Parking

The Yorktowne Hotel has a valet parking garage available for overnight guests at a rate of \$8.00 plus applicable PA taxes per night. Guests attending events at the hotel not requiring overnight accommodations will be offered complimentary parking.

B. West King Street Parking Garage

The garage is located at 15 West King Street York and is in close proximity to the hotel. The hourly rates start at \$3.25 for 1 hour and increase to \$30.50 for 13-24 hours.

C. Parking Meters

Meters are marked with the hours of operation, enforcement and rates. Street parking is free on Sundays.

Registration Options:

Full Summit includes registration packet, educational sessions, refreshment breaks, exhibits, lunch on Sunday, Monday and Tuesday, Mobile Workshops (except the Lower Susquehanna Water Trail. A nominal fee of \$25 is being charged to cover the cost of rental equipment.), socials and dinner on Monday.

Sunday, Monday, or Tuesday Daily includes registration packet, educational sessions, refreshment breaks, and lunch for the day registered, and Mobile Workshops.

Continuing Education Units (CEUs) are available and included in the fee.

How to Register

Online:



Register online at the Pennsylvania Recreation and Park Society website at www.prps.org. Select *Click here to Register Online for the Workshops* on the homepage. Then, select *2011 Greenways and Trails Summit* and complete the registration process.

Fax:



Complete the form in this booklet and fax the form to (814) 234-5276.

Mail:



For those paying by credit card or billing an organization, be sure to include the complete payment information. For those paying by check or money order, continue by placing your check or money order in the mail. Simply note on your check that you have registered via fax. In the case of multiple persons covered by one payment, please supply the registrant names.

Registration Deadline

Please register by August 31, 2011. Late registrations will be accepted after this date.

Questions?

Contact PRPS

2131 Sandy Drive, State College, PA 16803

Phone: (814) 234-4272

Fax: (814) 234-5276

Email: Emily Gates at egates@prps.org or Emily Schnellbaugh at eschnellbaugh@prps.org

Cancellation Policy

The registration fee is fully refundable if PRPS receives written notification postmarked no later than August 31, 2011. Cancellation after August 31, 2011 will be subject to a \$20 processing fee. No refunds will be made to registrants who fail to attend. No shows who have registered, but not paid, are still liable for the fees. In the unlikely event of the cancellation of this Summit, PRPS's liability is limited to 100 percent refund of registration fees and does not include penalty fees on transportation, deposits for hotel accommodations, or other incurred expenses.

2011 GREENWAYS & TRAILS SUMMIT REGISTRATION FORM

Please include a separate registration form for each participant.

☐ Ms. ☐ Mr. ☐ Dr.

Name: _____

Do you use a nickname? List here _____

Title: _____

Organization _____

Mailing Address _____

City _____ State _____ Zip _____

☐ Home or ☐ Business address

Office phone: _____

Email: _____

(Required for confirmations)

PRPS Member ☐ Yes ☐ No

Would you like information on becoming a member? ☐ Yes

Special Accommodations—Please attach a details to help us accommodate your special needs: dietary, physical, or other. Please provide this by September 1, 2011.

Method of Payment

☐ Please make check or money order payable to "PRPS."

☐ Credit Card: ☐ VISA ☐ MC ☐ AMEX ☐ DISCOVER

Card No. _____

Exp. _____

Name on Card: _____

Signature: _____

☐ Bill my agency - MEMBERS ONLY (Invoice will be emailed)

Mail Registration To:
PA Recreation & Park Society
2131 Sandy Drive
State College, PA 16803-2283

OR FAX TO: (814) 234-5276

I. Summit Fees (Please check items and total)

☐ Full Summit Member \$125

☐ Full Summit Non-Member \$140

_____ I plan on attending the Sunday evening event.

_____ I plan on attending the Monday evening event.

☐ Daily Sunday \$40

☐ Daily Monday \$60

☐ Daily Tuesday \$60

☐ Monday Dinner (additional for daily registrants) \$30

☐ Lower Susquehanna River Water Trail:

Utilizing a Water Trail-Behind the Scene and On-The-Water

\$25

*If you plan to attend a mobile workshop(s), indicate your choice(s) below.

Mobile Workshops - Sunday

Must be a Summit Registrant

☐ A Taste of York: Inventive Greenways & Arts No Charge

☐ Hollow Creek Greenway No Charge

Mobile Workshops - Monday

☐ Mason-Dixon Trail No Charge

Mobile Workshops - Tuesday

☐ Susquehanna Heritage Park No Charge

☐ Bicycling the Heritage Rail Trail County Park No Charge

Total Amount Due: \$ _____

IV. Educational Session Preferences

Please write in the session number for the ones that you plan to attend, for example, "A-2."

Sunday, Sept. 11th:

12:30-4:30 A- _____

1:00-2:30 B- _____

2:45-4:15 C- _____

Monday, Sept. 12th:

10:15-11:45 D- _____

1:00-2:30 E- _____

2:45-4:15 F- _____

Tuesday, Sept. 13th:

8:00-9:30 G- _____

10:00-11:30 H- _____

1:45-3:15 I- _____

All registrations will be confirmed via email.

PRPS Office Use Only

Date: _____ Amount Paid: _____

Method: _____ By: _____

Pennsylvania Recreation & Park Society
2131 Sandy Drive
State College, PA 16803-2283
(814) 234-4272
www.prps.org



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PA GREENWAYS & TRAILS SUMMIT

*Co-Sponsored by
The PA Recreation & Park Society, Inc. and
The PA Department of Conservation and Natural Resources*

Summit Objectives

- 1. Create an opportunity for members of the greenways and trails movement to interact with and learn from one another and leaders of the movement on a state and national level.**
- 2. Provide a forum to discuss a vision, direction, and priorities for the statewide greenways and trails movement.**
- 3. Facilitate opportunities to reconnect people to the outdoors and stimulate increased physical activity.**
- 4. Provide a catalyst for dialogue among health professionals and trail providers to increase awareness of the importance of health and wellness and to build more walkable communities.**



SEPTEMBER 11-13, 2011
THE YORKTOWNE HOTEL,
YORK, PA



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